



# NALANDA

INTERNATIONAL PUBLIC SCHOOL & JUNIOR COLLEGE  
KRISHNAGIRI

## FOOTPRINTS



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# CANCER AWARENESS DAY



On November 7, 2024, **Cancer Awareness Day**, a special session was conducted for Grades 1 to 8 in their respective classroom to educate students about cancer and its causes, symptoms, prevention, and the importance of early detection. The session featured an impactful awareness video that effectively highlighted the key aspects of the disease and aimed to foster a proactive approach to health among the students. After the video, a discussion was led by

class teacher, who elaborated on the points raised in the video. Students were encouraged to ask questions, and topics such as the role of awareness, the need to support cancer patients, and the importance of spreading knowledge in their communities, were emphasized.

## KG FIELD TRIP



On November 13, 2024, the kindergarten students went on an exciting field trip to a nearby Supermarket. This visit was designed to provide hands-on learning experience and help young learners understand the basics of shopping, food categories, and the importance of healthy eating.

### Learning Outcomes

The field trip helped students to:

- Develop awareness about food and grocery items.
- Understand the importance of healthy eating habits.
- Experience real-world shopping scenarios, fostering life skills.



The trip was an enriching experience for the kindergarten students. It not only provided practical knowledge but also instilled a sense of curiosity about the everyday process of shopping. The children returned to school with smiles and stories, making the outing a memorable and educational one.



# FIT INDIA WEEK



On November 18, the students and staff members gathered during the morning assembly to take the **Fit India**

**Pledge**, emphasizing the importance of maintaining a healthy lifestyle. This initiative was a part of the Fit India Movement, aiming to inspire individuals to prioritize their physical and mental well-being.

All students and staff stood together to recite the Fit India Pledge, which included commitments such as:

- Avoiding junk food and opting for nutritious meals.
- Making physical exercise a part of daily routines.
- Encouraging family and friends to lead a healthy lifestyle.

The Fit India Pledge-taking ceremony was a significant step in promoting health awareness among students.



Grade 1 to Grade 8 participated in **Fit India Week** exercises for a week, it is a commendable initiative! Fit India Movement promotes physical fitness among people, especially school children, to encourage a healthy lifestyle.

## Benefits Observed:

- **Physical Fitness:** Improved stamina, flexibility, and strength.
- **Mental Well-being:** Reduced stress and better focus in class.
- **Team Spirit:** Enhanced cooperation and interpersonal skills among students.
- **Healthy Lifestyle Awareness:** Knowledge of the importance of physical activity.





# BNI ORIENTATION

A **Business Orientation Programme** was held on 29.11.2024, for Grade 9 and 11 students to ignite entrepreneurial thinking, introduce them to fundamental business concepts, and prepare them for future careers in the business world.

## Expected Outcomes

1. Students gain confidence in presenting ideas and collaborating in teams.
2. They develop a basic understanding of business functions and financial literacy.
3. Inspiration to pursue careers in entrepreneurship or business-related fields.
4. Students learn to identify opportunities and think critically about real-world problems.

This program could set a solid foundation for students' future endeavors in business or entrepreneurship





# GRADES 9 & 11 FIELD TRIP



On November 30, 2024 our Grades 9 and 11 students went on a field trip to the **Agastya International Foundation's** research center in Kuppam which offers a unique learning opportunity, blending science, creativity, and environmental awareness.

## Key Highlights of the Visit

### 1. Campus Overview:

- Students were introduced to the 172-acre campus, transformed from rocky terrain into a lush, biodiverse ecosystem.
- They observed various sustainability initiatives, including rainwater harvesting, renewable energy sources, and waste recycling systems.

### 2. Science Activities:

- The visit included interactive sessions in the **Creativity Lab**, where students explored experiments using simple materials to understand scientific concepts.
- In the **Mobile Science Lab**, they participated in live demonstrations of physics and chemistry experiments, sparking curiosity and engagement.

### 3. Biodiversity Exploration:

- Students explored the **Butterfly Park** and other natural habitats on the campus, observing rare species of butterflies, plants, and birds.
- Ecology workshops emphasized the importance of preserving biodiversity and maintaining environmental balance.

### 4. Educational Insights:

- Students attended a session on Agastya's hands-on teaching philosophy, designed to make learning engaging and accessible.
- Teachers accompanying the group were introduced to techniques for fostering creativity and inquiry-based learning in the classroom.

### 5. Cultural and Historical Context:

- A brief lecture connected the center's name and mission to Sage Agastya, emphasizing ancient Indian knowledge systems and their relevance today.

Students expressed enthusiasm about learning through practical experiences. Activities like building simple models and observing live demonstrations of natural phenomena were cited as the most enjoyable aspects of the trip.



# STEM DAY



- A small robot was showcased, highlighting its movements and functions.
- A fascinating experiment involving a rotating glass of water was conducted, where the water stayed inside the glass despite being upside down.
- A ball was made to float using the air stream from a vacuum cleaner.

The activities not only entertained but also educated them about basic scientific principles in a fun and engaging way. The event was a delightful introduction to STEM, laying the groundwork for lifelong learning and exploration.



On November 8, 2024 the Kindergarten and Poppys' students celebrated **STEM Day** with a variety of fun and interactive activities to spark curiosity and introduce young minds to the world of Science, Technology, Engineering, and Mathematics (STEM). The activities were designed to be engaging, hands-on, and age-appropriate, ensuring that the children enjoyed themselves while learning.

## Activities Conducted:

- A simple stomp rocket was demonstrated showing how air pressure from stomping launches the rocket high into the air.



The Bunnycopter activity serves as an engaging and educational tool.

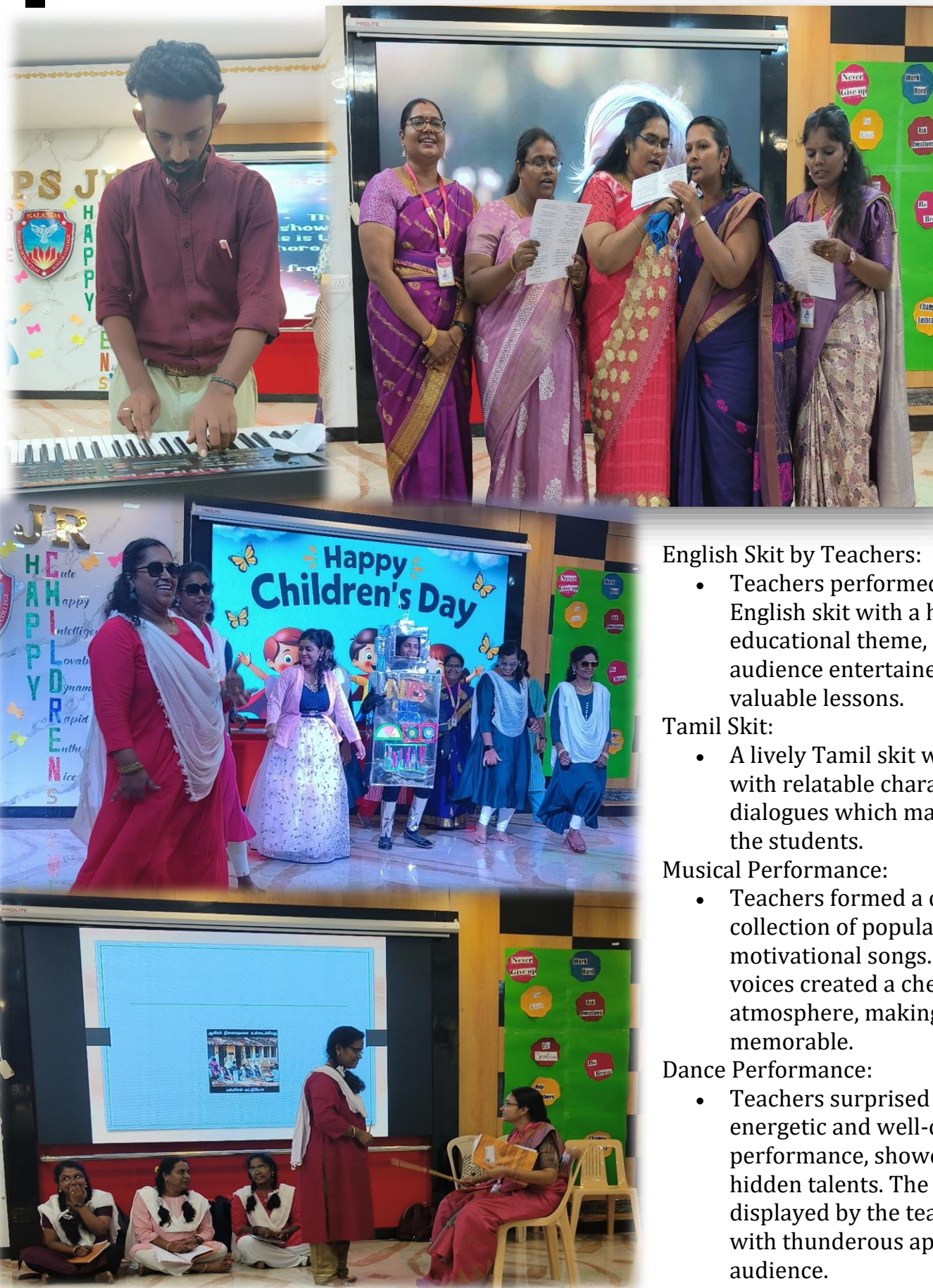
A Bunnycopter made from paper mimics a helicopter's flight by spinning as it falls. It works on principles of **aerodynamics** and **gravity**, making it an excellent STEM learning

This activity will not only make STEM Day memorable but also inspire curiosity and a love for experimentation among students.



# CHILDRENS' DAY

On November 14 Children's Day was celebrated with joy, laughter, and entertaining performances by the teachers, who showcased their talents to bring smiles to the students' faces. The event aimed to honor children and make them feel special through creative activities and performances.



## English Skit by Teachers:

- Teachers performed an engaging English skit with a humorous and educational theme, leaving the audience entertained while imparting valuable lessons.

## Tamil Skit:

- A lively Tamil skit was performed with relatable characters and dialogues which made it a hit among the students.

## Musical Performance:

- Teachers formed a choir to sing a collection of popular and motivational songs. Their melodious voices created a cheerful and warm atmosphere, making the event memorable.

## Dance Performance:

- Teachers surprised students with an energetic and well-coordinated dance performance, showcasing their hidden talents. The enthusiasm displayed by the teachers was met with thunderous applause from the audience.

The students thoroughly enjoyed the performances and appreciated the efforts of their teachers.



# GO GREEN



Go Green Day activities were celebrated by Kindergarten on November 22, 2024, to instill environmental awareness and sustainable habits among young students. By combining hands-on activities with educational elements, the event aimed to inspire a love for nature and responsibility towards the environment.



## Key Activities

### 1. Tree Planting Ceremony:

- Each class participated by planting saplings in the school garden.
- Teachers guided the students on how to plant and care for the saplings.
- A brief session highlighted the importance of trees for healthier planet.
- Students enthusiastically took turns in planting and watering the saplings.

### 2. Eco-Friendly Crafts:

- Students created innovative crafts using recyclable materials like paper, cardboard, and bottle caps.
- Some notable creations included flower pots from old containers, paper mache items, and bookmarks from scrap paper.
- Teachers praised the students' creativity and explained the importance of reusing materials.





# COMMUNITY HELPERS OF INDIA



To recognize and honor the contributions of community helpers Poppy's, KG students celebrated a day "Unsung Heroes of our community" on November 27, 2024, individuals whose efforts often go unnoticed but are essential for the smooth functioning of society. This initiative helped instill gratitude and respect in children for these unsung heroes.

Kindergarten students dressed up as various community helpers, like doctors, teachers, firefighters, and postmen, sanitation workers, security guards, gardeners, electricians, and others.

## Takeaways:

- **Gratitude:** Students learned to appreciate the hard work and dedication of those who serve the community selflessly.
- **Awareness:** The event educated students about the diverse roles and responsibilities of community helpers.





# POPPY'S FLORAL DECORATION



Poppy's Flower Rangoli Competition was held on November 8, 2024 filled with vibrant colors, creativity, and excitement. The competition aimed to promote artistic expression, celebrate cultural traditions, and encourage teamwork among participants. To create intricate rangoli designs using flowers, participants showcased their skills and creativity.

The event was well-received by both participants and spectators. Students enjoyed experimenting with floral art, while the audience admired the effort and creativity on display. The competition fostered a sense of cultural appreciation.

## KG FIRELESS COOKING



On November 8, 2024, Fireless Cooking Competition aimed to introduce young learners to the basics of cooking in a safe and fun environment. The activity encouraged creativity, teamwork, and healthy eating habits and fostering confidence in preparing simple, no-cook recipes.

The children prepared a variety of dishes, such as:

- Fruit salads
- Vegetable sandwiches
- Creative snacks like "Rainbow Salad Cup" etc.,





# GRADES 1 TO 9 FIRELESS COOKING

Fireless Cooking Competition was held on November 9, 2024, aimed to encourage creativity, teamwork, and healthy eating habits among students from Grades 1 to 9. By preparing dishes without the use of heat, students were able to learn basic cooking techniques, and understand the importance of nutritious ingredients.

## Team Participation:

- Students from different grades formed teams, with each team tasked with preparing more dishes.

## Dishes Prepared:

Focus was on easy, no-cook dishes like fruit salads, sandwiches, and snack mixes.

Students made dishes such as vegetable wraps, healthy parfaits, and no-bake energy bars.

Also challenged with more complex dishes like salad rolls, mocktails, and creative vegetable spreads.

## Learning Outcomes

- **Health and Nutrition:** Students gained practical knowledge about preparing healthy, easy-to-make dishes and the importance of nutritious food.
- **Teamwork and Communication:** Working in teams helped students improve their collaboration and communication skills.
- **Creativity:** Students displayed a high level of creativity, experimenting with different ingredients to create visually appealing and delicious dishes.
- **Time Management:** Students learned how to plan and execute a dish within a set time frame, developing important organizational skills.





# POPPY'S, KG IDENTIFYING THE OBJECTS



Identifying the Objects competition was held on November 29, 2024, to enhance observational skills, vocabulary, and cognitive development in young children. By identifying various objects, students were able to strengthen their ability to recognize and name everyday items, in their memory, language skills, and confidence.

## Outcomes and Learning Experiences

- **Cognitive Skills:** The competition helped children improve their ability to recognize and categorize objects, boosting their early learning and memory.
- **Language Development:** By naming and describing the objects, students were able to expand their vocabulary and practice using descriptive words.
- **Engagement and Motivation:** The fun and competitive nature of the event encouraged students to engage actively, boosting their confidence, in their knowledge and abilities.





*We are delighted to extend our heartfelt congratulations to the following students for their remarkable achievement in Flower Decorations, Fireless cooking, identifying the objects Competitions held in the month of November 2024.*

*Dear Students*

*Your talents and creativity were truly show cased, and it is with great pleasure that we acknowledge your exemplary achievements.*

**Bravo!!**

**FLOWER DECORATION COMPETITION  
WINNERS LIST 2024-25**

**POPPY'S**

KANSHIKAA V  
SREE VAIBHAV H  
THANANYA SHRI S  
NEKIL ARYAN T  
KURALINI M  
CHAANDHINI A  
MELLINAN RAO J



*Congratulations!*

**COMPETITION -06  
FIRELESS COOKING COMPETITION FOR LKG  
WINNERS LIST 2024-25**

**LKG A**

VIDHUSHAN R M - I  
ATHVIK S - II  
AKSHARA R - II  
AVANTHIKAA D K - III

**LKG B**

THUHIRA P J - I  
AARZUNNISSA S - II  
HASVITH P - III  
MANEESHA S - III

**COMPETITION -06  
FIRELESS COOKING COMPETITION FOR UKG  
WINNERS LIST 2024-25**

**UKG A**

SAMSIDH S - I  
NITIK R C - II  
THEJAN S - III

**UKG B**

SREEDHANYA A - I  
HARINISH N V - II  
HARSINE A - III

**IDENTIFYING OBJECTS COMPETITION RESULT**

**IDENTIFYING OBJECTS COMPETITION  
WINNERS LIST 2024-25**

**PLAY GROUP**

YESHWA S - I  
AADITH ESHWAR S - II  
KISHANTH K - II  
KANISH S A - II



*Congratulations!*

**IDENTIFYING OBJECTS COMPETITION  
WINNERS LIST 2024-25**

**POPPY'S**

KURALINI M - I  
HARSHITH SAI A - II  
SREE VAIBHAV H - III



*Congratulations!*

**IDENTIFYING OBJECTS COMPETITION  
WINNERS LIST 2024-25**

**LKG A**

THISHAN V - I  
VIDHUSHAN R M - II  
NITHICK DHAYA D - III

**LKG B**

THUHIRA P J - I  
MITHRA T - II  
MANEESHA S - III



*Congratulations!*

**IDENTIFYING OBJECTS COMPETITION  
WINNERS LIST 2024-25**

**UKG A**

ADHIYAN KARTHICK - I  
AARADHANA V N - II  
SAMSIDH S - III

**UKG B**

VEDANT ARAVINTH A K - I  
ANUVARSHA PARTHIBAN - II  
DHANUSHYA LAKSHMI S V - III



*Congratulations!*



# GRADES 1 TO 9 FIRELESS COOKING COMPETITION RESULT

GRADE & SEC	NAME OF THE STUDENT	PLACE	GRADE & SEC	NAME OF THE STUDENT	PLACE	GRADE & SEC	NAME OF THE STUDENT	PLACE	
1 - A	INBAA P N	I	4 - A	NIMRA H	II	7 - B	JINANSHI JAIN D	II	
	JESSICA SHERYN P			SARANI SHREE S R			MEENAKSHI G K		
	PRADAKSHINA M			SOSHIKASRI T M			NIKITHA.R		
	HARSHIKHA R						SHREEHA GHOSHLIYA		
				TEJASRI.P					
1 - B	NIDHA THASEEN R	I	4 - C	MITHUL JEEVAN K S	II	7 - A	DEEPIKA.R	III	
	HARSHIKA Y			RUSHIL S			HANSHIKA VARSAA A L		
	LAKSHANA C			SANTHOSAN T			HARSHA R		
	GNANA SHREE V			YADHAVAN P			RITHIYA SREE S		
					ROUSHNI I				
1 - C	RAYMOND FABIAN J S	II	4 - B	CHANDRIKA T	III	8 - B	HASHINI.S	I	
	SURIYA CHANDIRAN C			JASWANTH V			HIMAA S		
	PARVESH M			MOHAMMED REHAAN A K			SHAIMA MUSKAN A K		
	LAKSITH K V			MUNI GOKUL KANNAH G			SRISHTI PAREEK D M		
					SUVARNA SRUTI R				
1 - A	GUHA PRIYAA M	III	5 - A	DEEPAK S	I	8 - A	KANISHKA D	II	
	SHASHANTH M A			JASIYA JAWAD S			NEHA M		
	ISHANI S R			YASHWANTH S			NETHRAA S M K		
	RHEA JEGUDIEL A						YAZHINI L		
	IFFATH ZAINA M								
2 - A	UTHRA DHARSHINI T	I	5 - B	LAVANISH S D	II	8 - B	DEVA P	III	
	MOULISH M			SACHITHA T			JAIWANTH C		
	PRENITHA G S			TANMAY JOSHI S			KARTHIKEYAN S		
	THARANYA VAMSHITHA N			YASVANTHIKA P			KAVINESH L		
				YAZHINI J A			LALITH JEEVAN.K		
2 - B	ELANITHAN S	II	5 - C	AALIYAH FATHIMA M	III	9 - B	SANJAI S A	I	
	PRAJAN V			JANAKI B R			VIKRAM V R		
	DHANVITH H A			NATCHATHIRA K			KARUNESH P		
	DITYAA SRI R			RIYA R			NISHVANTH R		
				SHAGASRA S B			AMIT CHOUDHARY		
2 - C	THAMIZHAMUDHAN R	III	6 - B	DEESHA GATTANI	I	9 - A	NAKSHATHIRAA S S	II	
	YAZHINI S			NISHMITHA R			MADHUMITHA V		
	SRI RAMA KRISHNAN			PRADHIKSHA S			HASHINI SHREE A		
	DAKSHINA V			RUJULAA SHREE R			THAASVI S S		
				SANANDHAKARTHICK K			LAKCHIA SHREE V T		
3 - A	ABHINAV S	I	6 - C	GURUVARSHINI S	II	9 - B	LABDHI LALWANI V	II	
	LIVEN S			PRAMOD SRI G			THANISHKA T		
	SARVESSHWARAN C B			RISHVAN T			SRIVARSHA S		
	KANISHK V			VAISHNAVI S			SARANYA J V		
				VEDISH M K			MONISHA R		
3 - C	RISHITHA RAHUL	I	6 - A	YATHEESH RAO V	III	9 - A	VANISHA G S	III	
	DIVISHAA SHRI V								
	SABHARI J P								
	KANISHKAA S								
	YASHWANTH KUMAAR S								
3 - B	AARUDHRAN A	II	7 - B	KRISH AGGARWAL	I		TAMILINIYAN J		
	DHARSON S			LAKSH PERIWAL			NAVEEN KUMAR M		
	GOWTHAM D			MANASH MANDHANA			PAVAN KARTHIK S		
	RISHABH R C			MAXWELL RENO.A			ARUN KUMAR M		
				RISHIVANDHAN T			RITHICK S		
3 - C	AZRAH TAJ A	III					JASHWANTH V		
	KANISHKA A K								
	PURVA NARAYANAA S								
	SAGHARIKKA R								
4 - A	EESON MOULI C	I							
	HARIMITHRAN B								
	KISHORE E								
	SASHWANTH S								